Movement & Games

Ms. Sharyse Tacy, our school counselor, will be leading an afterschool class for K-8 to learn through movement and games. This club is designed to enhance your student's physical, mental, emotional, and social wellbeing. Your child will grow their executive functioning skills through movement activities such as yoga, and various fun games, including cards and board games. (EF skills include attention, impulse control, emotional control, flexible thinking, working memory, self-monitoring, planning and prioritizing, task initiation, and organization.) Sharing your favorite game from home is encouraged!



WHO: Grades K-5

TIME: 3:00 – 4:00 pm

COST: $150.00 per quarter

WHEN: Tuesdays

WHERE: Meet at treehouse fort; games in Ms. Tacy's room

STUDENTS MUST BRING: A snack, comfy clothes, & (optional) own yoga mat and game to share



Space is limited to 12 students.